



SUPPLEMENTATION for Training and Racing

With your body operating at a high level of performance, you are going to need supplementation to help restore depleted vitamins, build-up muscle, prevent joint and ligament tension, ease soreness and recovery quickly. New Performance has a vast line of supplements to get you on the right track and help you cross the finish line. Visit us at NewPFC.com to place your order and receive 20% off first purchase and receive free shipping.

Multi-Vitamin

Restores all basic and necessary minerals to keep your body functioning at its best.

CalMagZinc

Calcium is the primary nutrient necessary for bone density. Magnesium and Zinc have proven to be very effective in muscle tissue relaxation and allow for better nutrient absorption.

D-Ribose Ribose provides every cell in the body with energy, an increase in endurance, and quick recovery.

ElectroMix

Contains nutritionally balanced essential electrolytes: Potassium, Magnesium, Calcium, Manganese, plus Chromium. Electro-mix is an ideal addition to virtually any beverage, providing the electrolytes the body needs.

Glucosamine Sulfate

Aids in the growth and strengthening of cartilage.

Hyaluronic Acid

Joint healer, provides cushion to joints, lubrication to valves.

Karbolyn Nitric Oxide Plus

Karbolyn was invented for the sole purpose of carbohydrate loading on the course. It was designed for Elite Athletes. Karbolyn is a fast, easy, convenient, safe and high performance way to load the muscle with accessible muscle energy (glycogen) during exercise.

Kre-Alkalyne

Kre-Alkalyne (creatine) helps the body gain optimum strength and creates more energy. It significantly improves performance during a workout, and enables faster muscle recovery after.

L-Carnitine

Aids in weight loss and improves energy. Liquid L-Carnitine is best because it is absorbed faster than by tablets and takes fat into the muscle cell for energy.

L-Glutamine

Glutamine is a nonessential amino acid that is the most abundant amino acid in the blood and muscle tissue, 61%. The most important function of L-Glutamine is the support of cellular growth, energy, and repair.

Omega 3-6-9 Essential Fatty Acids that play a beneficial role in the immune system, cardiovascular health and pain management.

Whey Protein (very important)

Enhances muscle tissue repair, causing a positive effect on muscle mass and decrease in muscle breakdown. Extremely high bio-availability. Remember 15-20 minutes is optimal for absorption.

Super Amino Acid

Amino acids are responsible for tissue growth and repair. They allow individuals to experience more frequent high-intensity workouts and to gain strength at a fast pace. They aid in maintaining muscle and stimulating body fat loss.

Energy Bars

All natural, gluten free, dairy free energy bar with 0 trans fat, 100% raw nuts, fruits, and seeds that is the equivalent of a snack. Taken to boost energy levels.

Flax Seed Oil

One of nature's richest sources of essential fatty acids including Omega-3, Omega-6 and Omega-9. Required for growth and development, essential fatty acids produce prostaglandins that help maintain healthy skin, joints and cell membrane structure as well as promote cardiovascular and nervous system health, especially when following a low-carbohydrate food program.

Alpha Lipoic Acid

Alpha-lipoic acid is an antioxidant that is made by the body and is found in every cell, where it helps turn glucose into energy.

Pregnenolone

Pregnenolone is taken to enhance mental alertness and awareness, improve long-term memory, improve mood and reduce symptoms of PMS, arthritis, and stress.